

NOTES ON THE ACTIVITIES

OF THE AUM PRANAVASHRAM TRUST

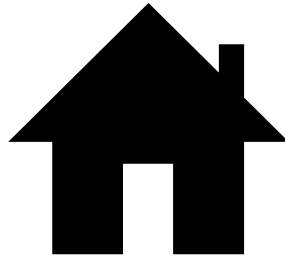


February 2021
Aum Pranava Ashram, Ilanji

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Welcome



Aum Pranavashram Trust

C-1-8, Five Falls Bypass Road

ILANJI - 627805

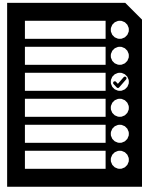
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Basic Trust Details

Date of founding: 10th September 1998

Registration No. of Trust: 195/1998, dtd. 10.09.1998 at Sub-Registrar Office Joint II, Tenkasi

Amended Deed: 395/2000, dtd. 10.11.2000 at Sub-Registrar Office Joint II, Tenkasi

Registration 12A: C.No. 464/118/98 dtd. 02.06.1999

Registration 80G: C.No. 102/118/CIT-II/98-99 dtd. 29.10.2004 valid from 01.04.2004 TO 31.03.2007

First Renewal Registration 80G: C.No. 102/118/CIT-II/1999-2000 dtd. 17.08.2007 valid from 01.04.2007 to 31.03.2010

Second Renewal Registration 80G: C.No.102/118/CIT-II/1999-2000 dtd. 27.12.2010 valid from 01.04.2010 up to now

Trust Pan No.: AAATA9297R

FCRA Registration No: 076030320, dtd. 20.07.2007, CULTURAL EDUCATIONAL SOCIAL

FCRA Renewal Registration No: 076030320, dtd. 16-08-2016, valid from 01.11.2016 to 30.10.2021

FCRA NGO DARPAN ID: TN/2017/0165045



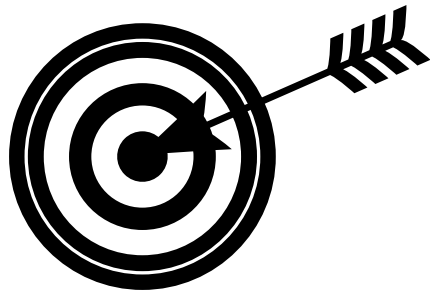
Board of Trustees

Since its Inception in 1998

SN	Name	Designation	Date of Joining	Date of Resigning	Pan No	Aadhar
1	V. Visvanathan	Founder and Managing Trustee	10.09.1998	Active	AIEPV0266F	469449410625
2	Edeltraud ENGLERT	Co-Founder and Secretary	10.09.1998	Active	ACEPE0803D	380683223741
3*	Dr. K. Ananthanarayanan*	Trustee	10.09.98	23.11.2016		
4**	Ananthanarayanan Shankaranarayanan**	Trustee	01.11.2006	21.10.2020		
5**	Geetha Ananthanarayanan**	Trustee	01.11.2006	21.10.2020		
6	Subramanian Natarajan	Trustee	03.12.2020	Active	AVDPS6276L	406025425160

*On 23.11.2016, Dr. K. Ananthanarayanan, Trustee, handed in his resignation letter due to ill health. On 04.01.2017, a Resolution was passed in this regard during a Board Meeting.

**On 21.10.2020, Sri Ananthanarayanan Shankaranarayanan and Smt. Geetha Ananthanarayanan resigned as trustees of the Aum Pranavashram Trust, as they are held up for long periods of time in the USA for helping their children and family in the USA. Due to Covid-19 lockdowns and restrictions, they could not come back to India.



Our Services

1. HOME FOR CHILDREN
2. HOME FOR SENIOR CITIZENS
3. GOSHALA CARE
4. COMMUNITY SERVICE AND MONTHLY SUPPORT for differently abled and intellectually challenged/poor or elderly people/wandering people/Sadhus (without discrimination of caste or creed)
5. NURTURE NATURE
6. CULTURAL ACTIVITIES

All official and financial details as well as donation possibilities are available on our official website www.aumpranavashram.org

01

HOME FOR CHILDREN

The Children's Home run by the Aum Pranavashram Trust is duly registered with the Social Defence Department under the JJ Act 2000, amended JJ Act 2006, and verified by all relevant and responsible authorities (Building Stability Certificate, Building licenses, Sanitary Certificate, Fire Certificate). The CWC officers' approval is solicited for all children of the *Aum Pranavashram Children's Home*. Regular inspections by the DCPU officers are welcomed by the ashram staff and Home Management Meetings as well as Children's Committee Meeting are held regularly at the ashram premises, as can be seen from the Aum Pranavashram office documentation. For better child-care, sufficient staff availability is ensured continuously.



Group photo outside the Prayer/Community Hall after *Gurupoornima* Puja 2020.



Staff meeting (Home Management Committee Meeting)

The founders have always invested maximum effort in keeping the atmosphere of the Children's Home surroundings family-oriented and child-friendly.

The Aum Pranavashram Trust provides the children free of cost with:

- Regular school education in local English or Tamil Medium Schools
- Tuition and learning help from tutors-cum-caretakers
- Nutritious food and refreshments at the appropriate times
- Medical aid and ailment treatments. The ashram employs at least one staff nurse for medical aid and care to all ashramites.
- Regular blood check-ups and health care

01 contd.

Group photo of children with founders and staff members inside the premises of the Ashram.



Afternoon studies in one of the four study halls-cum-library



Caretaker-cum-tutor



Morning yoga class

- Regular morning YOGA classes are carried out for the ashram children. (The Secretary of the Trust is a Yoga instructor and ACHARYA, absolved TTC and ATTC courses in due course of time, certified by Sivananda Yoga Institution at Neyyar Dam, Kerala).
- Full-time care in family atmosphere and free, interactive atmosphere with elders, staff members, founders and (occasionally) animals.
- Regular training for the children of the ashram in Bharathanatyam (weekly), Yoga (daily 5/7), Mrithangam, Karate, prayer and meditation (daily) and other more playful and free activities.
- Support for Higher Education, job and marriage. The Trust helps the children to get seats at colleges (e.g. Sri Sarada College for Women in Tirunelveli, Revathi Nursing College in Coimbatore, Medical Lab Technician Assistant in Thiruppur) or Vocational Institutions (Ramakrishna Polytechnic Institution in Coimbatore for Boys [Electrical, Mechanical, Automobile diploma], Ophthalmic Nursing Training as well as Laboratory Assistant Training at Aurolab for girls in Madurai). At least 30 children could benefit from this facility until now. One of our ex-students has recently become an associate engineer at Royal Enfield in Chennai.

01 contd.

- The Trust has given marriage charity to around 20 poor girls with a minimum of Rs. 25.000/-
- Annual Pongal Talent Festivals with competitions in the fields of sports, skills and cultural activities, performances and prize distributions for the children since 2004.
- Annually conducted, special programmes in the fields of songs, speeches, dances with Indian Desa Bhakthi spirit for Republic Day on 26th January, and on Independence Day on the 15th August.
- The Trust organises frequent, cultural trips and excursions for children with staff members. The trustees are happy to note that it was possible to take all the children annually for a long one-week tour during the Christmas Holidays to Puttaparthi for the past 17 years (with the exception of the Covid-19 induced lockdown during the year 2020).



In the Yoga Class

A Play [Scenes from *Mahabharatham*]

Bharathanatyam Practice



Online Classes during Covid-year



Convocation for one ashram girl



Marriage of an ashram member

02

HOME FOR SENIOR CITIZENS

The elders (more females than males) hail from various backgrounds. They receive accommodation, food and medical care free of cost (some offer a rough contribution, but all are cared for with equal respect):

- Single-room accommodation
- Medical aid and treatments. The ashram employs at least one staff nurse for medical aid and care to the seniors
- Nutritious Food and refreshments
- Prayer and meditation for a more peaceful state of mind
- Sri K. Lakshmikanthan Bharathi, Retd. IAS, aged 95 years, visits and stays in the ashram for brief periods of time. His staunch patriotism, good spiritual quest, and service attitude is exemplary for and inspiring to all ashramites.
- Final rites will be carried out by the ashram authorities, if so desired by the senior ashramites and appropriately communicated to the ashram authorities



Elderly ashramites and other pictures with elders in the midst of ashram activities



03

GOSHALA CARE

The Goshala cares for more than 60 cows, bulls and calves, incl. dry cows and male calves.

- For more self-sufficiency and better food opportunities for cows, the Trust decided to buy lands or lease lands adjacent to the ashram premises for the cultivation of cow grass or rice/paddy which can yield a part of the hay used for feeding the cows.
- In this modern time, it is very tough to meet the ends of serving the cows with respect to cost of labour, machine and land for cultivating special cow grass. Irrespective of these facts, our Aum Pranavashram Trust is coping with all the difficulties of managing the Goshala, thanks to God's Grace.



Aum Pranavashram Goshala



One half of the Goshala cows



Mattupongal Pooja 2021

04

CHARITY & COMMUNITY SERVICE

Apart from providing accommodation, food, education and medical care to the residents (nearing 100 persons), the Trust cares for children, elders, staff members, volunteers, other monthly beneficiaries incl. differently abled and intellectually challenged people, and carries out mass community service programs with supply of rice & groceries and other household items.

- Monthly support to 40 poor/abandoned/aged/intellectually challenged/differently abled/wandering poor people by our Aum Pranavashram Trust since 2016. Sadhus are provided with meals and a small financial token of support during their visit once a month.
- On a daily basis, since more than 23 years, the Trust has helped children, elders and wandering people on the streets with all life necessities and/or Annadhanam, appropriate to the person and situation.
- Regular cultural activities are conducted with and for villagers once a month (on the last Sunday of the month) from the villages of Vellanaikottai, Ramanathapuram, Kadayanallur, Vasudevanallur, and other places, providing them with free transport and food for one day.
- Regular food packet distribution to slum people of Tenkasi Mangammal Salai and Narikuravar Colonies at Valiban Pothai behind Taluk Office Tenkasi.
- Various medical camps are conducted together with the cultural events at the ashram premises
- In addition to all the other ashram activities, a few cultural and spiritual books have been published and freely distributed as a symbol of our responsibility towards a more peaceful and harmonious society.
- Visitors and volunteers have been staying in the ashram and benefitted from the spiritual atmosphere.



One of the 50 monthly financial beneficiaries



The Managing Trustee with a wanderer who is also a monthly beneficiary



A bag of groceries...



...and a bag of rice for each beneficiary during a charity program in 2021



Distribution at the ashram premises



Distribution on a field tour



Distribution on a field tour with the Managing Trustee and Sri Lakshmikanthan Bharathi, IAS Retd. (Right side of Sri Visvanathan) and field workers.

05

NURTURE NATURE

Nurture Nature program and agriculture is a program carried out in and around the Aum Pranavashram premises on the Trust-owned or leased lands. For the benefit of the cows and nature in general, utmost effort is being maintained in keeping the fields as pure as possible, without using much chemical fertiliser for the cow grass or paddy fields.

Other facts:

- The Trust raised funds for a Solar Energy Unit (in total 11 Kilo Watts), operative since 2018.
- A land of 1.5 acres in Tiruvannamalai was gifted to our Trust by Sri J.Jayaraman from Tiruvannamalai on the 15th Dec. 2018.



Agricultural work on one of the fields



Cow grass cultivation



Solar panels on top of the Aum Pranava Building



THE COVID-19 YEAR

- During the Covid-19 crisis, from March 2020 to now (February 2021), by the Divine Grace, all care, protection and attention was given to all ashramites [children, elders, staff members and volunteers/sevadals] who decided to stay at the ashram premises because they felt safe and secure. Preventive homoeopathic medicine (Ars. alb. 30) was given regularly to all inmates. All ashramites are doing well.
- All charitable activities like complete help and care in the Children's Home and Elders' Home, monthly/annual/occasional charity for the poor and needy people, Goshala cows, and other service as well as spiritual and charity works were upheld and carried out regularly while respecting and following the rules laid down for the public during the Lockdown period.

06

CULTURAL ACTIVITIES

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- Sri K. Lakshmikanthan Bharathi, Retd. IAS, aged 95 years, visits and stays in the ashram for brief periods of time. His staunch patriotism, good spiritual quest, and service attitude is exemplary for and inspiring to all ashramites.
- A new trustee, Sri Subramanian Natarajan, joined as trustee on 03.12.2020. The FCRA DARPAN was updated accordingly in this regard.
- The new FCRA account at the New Delhi SBI Main Branch is in the process of getting ready for the organisation. A special resolution was adopted on 18.12.2020 in the Minutes of the Meeting in this regard.
- Throughout the year, Indian cultural activities are carried out as per our ashram calendar with Universal appeal for Unity, Peace and Tranquility of Body, Mind and Soul.
- These activities include: Pongal celebrations and Multi Talent Festival for the children held during Pongal (consisting of many competitions reg. sports, skills, speech, essay writing, Rangoli making and many more). Republic Day Celebrations on the 26th of January and Independence Day Function on the 15th of August with speeches by honorary persons, and creative programs by the children incl. National songs, Drama, Speeches, etc.
- Further celebrations include Gurupoornima, Ganesh Chaturthi, Navadina Navakoti Ramanama Japayagna from 19th to 27th of August, Navaratri, Cultural November Programs (from 20th to 24th Nov, incl. musical performances, speeches by eminent personalities, and other programs organized by the ashram), Karthikai Deepam, Christmas, and others.

06 contd.

Ganesh Chaturthi



Karthikai Deepam



The Secretary lighting the fire for the traditional rice boiling celebration, pertaining to Surya Pongal.



Left: The famed singer Suchitra Balasubramaniam performing at the ashram for the annual *Aum Pranavashram Cultural November Programs*, from 20th -24th November.



Veda Chanting

CONCLUSION

All activities of the Aum Pranavashram Trust (connected to the well-being of children, & elders, Annadhanam, medical/educational/marriage charities, Cows/Goshala/Bio/Nature Care programs) were/are carried out conduively to the attainment of the goals and objectives set out originally by the founders.

AUM PRANAVA PRANAMS